

## Newman Quick Reference

**NU Mental Health Support:** 316-942-4291 ext. 2235, [counseling@newmanu.edu](mailto:counseling@newmanu.edu) **NU Campus Security:** 316-253-7580

**Uwill Mental Health and Wellness:** 833-646-1526, students register with NU email address at [app.uwill.com](http://app.uwill.com)

**Wichita Patrol West:** 316-350-3460 **Comcare Crisis:** 316-660-7500 or 988 **Self-Harm Hotline** 800-366-8288

**Pharos Early Alert:** [Newmanu.pharos360.com](http://Newmanu.pharos360.com) **Dean of Students:** 316-942-4291 ext. 2453, [giesena@newmanu.edu](mailto:giesena@newmanu.edu)

**Emergency**

**911**

When faced with academic and life challenges, students may feel alone, isolated, and even hopeless. These feelings can easily disrupt academic performance and may lead to dysfunctional coping and other serious consequences. As a result of your frequent and prolonged contact, you may be the first person to notice a student in distress. As fellow members of the Newman community, it is important that we act with compassion. Keep in mind that students exhibiting concerning behaviors may be having difficulties in other areas of their lives. Student sometimes feel they can't share their struggles with family and friends but may be comfortable doing so with faculty or staff. By expressing concern, you may help save a student's academic career or even their life.

**FERPA:** The Federal Educational Rights and Privacy Act and other student privacy regulations generally allow university faculty and staff to share observations about the behavior of students, statements made by students, and concerns about students with NU, parents, law enforcement, and anyone else whose knowledge of the information is necessary to protect the health and safety of the student or other individuals. Appropriate consideration for student privacy should be given before information is shared.

## Name the Concern. What problem is the behavior causing?

**Indicators of distress:** Use the chart below to help you identify a student in distress: note patterns, frequency, duration, and severity.

Academic	Physical	Psychological	Safety Risk
<ul style="list-style-type: none"><li>• Sudden decline in quality of work and grades</li><li>• Repeated absences</li><li>• Disorganized performance</li><li>• Multiple requests for extensions</li><li>• Overly demanding of faculty time and attention</li><li>• Bizarre content in writings or presentations</li><li>• Faculty provides more personal support than academic support</li></ul>	<ul style="list-style-type: none"><li>• Decline in self care and basic needs</li><li>• Weight loss or gain</li><li>• Excessive fatigue or sleep disturbance</li><li>• Intoxication, hangovers, or smells of alcohol</li><li>• Disoriented, "out of it"</li><li>• Garbled, tangled, disconnected, or slurred speech</li><li>• Behavior is out of context or bizarre</li><li>• Delusions and paranoia</li></ul>	<ul style="list-style-type: none"><li>• Expressing harm am preparing a one-pager document with quick references for employees regarding student emergencies and crisis to self or others</li><li>• Self-disclosure of personal distress (family or financial problems, grief, sadness)</li><li>• Unusual or disproportionate emotional response to events</li><li>• Excessive tearfulness or panic reactions</li><li>• Irritability or unusual apathy</li><li>• Verbal abuse (taunting, badgering, intimidation)</li><li>• Concern from peers</li></ul>	<ul style="list-style-type: none"><li>• Implied or direct threat to harm self or others</li><li>• Unprovoked anger or hostility</li><li>• Physical violence (shoving, grabbing, assault, use of weapons)</li><li>• Academic assignments dominated by themes of extreme hopelessness, rage worthlessness, isolation, despair acting out, suicidal ideations</li><li>• Stalking or harassing</li></ul>

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Students may be referred to **BAIT** (Behavior Assessment and Intervention Team) by submitting an Early Alert in Pharos, calling the Dean of Students, or emailing the Dean of Students when students exhibit or share concerns related to their well-being. BAIT responsibilities include:

- Provide a centralized structure for campus departments and offices that need help supporting students
- Develop a strategic plan to ensure the safety and success of the students and the campus community
- Ensure that information is shared to relevant partners concerned about student welfare and success

If a student is in emotional crisis, follow the **SLAG** model below:



**STAY.** Never leave the person alone or let them leave alone without the appropriate help.

**LISTEN/ASK.** Are you thinking of killing yourself? Have you made a plan to kill yourself? Do you have the means to engage your plan? If they say yes,

**GET HELP.** **911** Dispatchers will make the decision to send ICT-1, **Uwill** direct crisis connection: 833.646.1526

**Comcare Crisis:** 316-660-7500 **Self-Harm Hotline** 800-366-8288

## Newman Campus & Sedgwick County Resources

- Wichita Police Department 9911 (from campus phone)
- Campus Security: 2911, 253-7580, Steve Patton
- Title IX, Dr. Andi Giesen: 316-942-4291 x 2453
- Crisis, ComCare: 316-660-7500
- Uwill: 833-646-1526, 24/7/365 Mental Health Crisis Support + Teletherapy, students register with NU email address at [app.uwill.com](http://app.uwill.com)
- NU Academic and Student Support Services: 302 SHH, ext. 2318
  - Career Services, ext. 2234
  - Counseling Services, ext. 2235, Ivy Annen
  - Testing Services Ext 2318
  - Disability Support Services, ext. 2318
  - Tutoring, ext. 2318
- Campus Ministries: 316-942-4291 x 2422
- Mental Health Association: 316-685-1821
- Ascension Via Christi Behavioral Health: 316-858-0333
- Wichita Area Sexual Assault Center: 316-263-3002
- Dean of Students, Dr. Andi Giesen 316-942-4291 x 2453
- AVP Academic Aff., Dr. Geri Tyrell: 316-942-4291 x 2175